

Doxycycline (Adoxa, Doryx, Monodox, Vibramycin)

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For questions or an appointment, call (806)797-1202

Doxycycline is a tetracycline-like antibiotic that also has anti-inflammatory properties. In other words – it helps fight the bacteria that promote acne or skin infections -- and reduces the inflammation that causes damage to your skin. This is usually well tolerated with minimal side effects.

How to Take:

-Doxycycline should ideally be taken on an empty stomach, at least 1 hour before or 2 hours after meals.

-Drink a full (8 oz.) glass of water with each dose and do not lay down for at least 30 minutes (to avoid esophagitis/esophageal ulcers).

-If you do take it with food, try to **avoid antacids, milk and dairy products**. You may experience some mild stomach upset and loose stool at first (but this should improve over time).

-Taking pro-biotics (beneficial bacteria- acidophilus) in the form of a capsule or in yogurt is helpful.

Adverse reactions can occur. Any medication can cause any type of side effect – so call if you experience any unusual symptoms. **Stop the medication and notify the Doctor** if you have any of the following:

Persistent headache: (Rarely this can cause **Pseudotumor Cerebri which manifests as severe headaches** or vision change)

Pain in the esophageal region

Blurred vision or vision change

Allergic reactions such as widespread **rash or hives** (whelps)

Dizziness, nausea, vomiting

Yeast infections (mouth or vaginal)

Abdominal pain, Nausea, decreased appetite

Diarrhea (chronic), bleeding in your stool

Signs of **infection:** **fever**, chills, sore throat

Unusual bleeding or bruising

Joint pain or swelling

Persistent fatigue/tiredness

Special issues:

*Be careful in the sun or in tanning beds as it can induce **photosensitivity**.

*You should **not take doxycycline if you are pregnant, nursing** or have a history of allergy to tetracycline antibiotics.

* Doxycycline may (theoretically) decrease the effectiveness of the birth control pill to a small degree.

* You should not take Doxycycline when you are on other antibiotics.

NOTE: This is not a comprehensive information sheet. If you desire complete drug information, contact the pharmacist or refer to the “package insert”.