

Topical Steroids (Cortisone)

Paulger & Wisniewski Dermatology, LLP

For questions or an appointment, call (806)797-1202

Topical Steroids (Cortisone) – Topical steroids are anti-inflammatory agents used to treat skin conditions characterized by inflammation, itching, burning, redness, or blistering. Unless otherwise specified, topical steroids should be used on an **intermittent basis** (for instance one week on and one week off). Side effects such as thinning and fragility of the skin can occur with long-term use. Low potency steroids are safe to use for prolonged periods of time without adverse effects on the skin. It is better to use topical steroids on an intermittent basis to avoid the development of resistance.

You have been placed on a LOW MEDIUM HIGH Potency steroid.

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