

ACNE – Oral Antibiotic

Patient Information

You have been prescribed an oral anti-inflammatory antibiotic.

Most people tolerate their medication(s).

If you do not tolerate your medication – do not wait until the next appointment to tell us – give us a call right away so that we can call in an alternative medication.

This medication works by two mechanisms.

1. Anti-inflammatory (keep the acne from being so inflamed and red)
2. Antibacterial - fights the bacteria that promote acne

Resistance may be an issue and the antibiotic becomes less effective over time. If this occurs we can choose an alternative medication.

This medication **suppresses acne** but **does not cure it**.

As long as you take the medication – the acne will be better controlled.

You can expect 50% to 75% improvement of your acne on oral meds.

It may take 3 to 6 months to appreciate the full results.

After your acne is controlled: It is worthwhile trying to get off of your oral medication and see if topical medications alone will control your acne – however, if you flare, you can restart the oral medication as directed by the doctor.

You may require periodic lab monitoring if we choose to keep you on long term antibiotics.

There are several different treatments for acne. If the treatment we place you on is not working – you must realize that it is not a “one size fits all” world. People respond differently to medical treatments. If the treatment we have placed you on is not working, then communicate this to us so we can discuss others types of treatment options