

## Minocycline (Dynacin, Solodyn, Minocin)

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For questions or an appointment, call (806)797-1202

**Minocycline** is a tetracycline-like antibiotic that also has anti-inflammatory properties. In other words – it helps fight the bacteria that promote acne or skin infections -- and reduces the inflammation that causes damage to your skin. This is usually well tolerated with minimal side effects.

**How to Take:** Minocycline should ideally be taken on an empty stomach, at least 1 hour before or 2 hours after meals. Drink a full glass of water with each dose. If you do take it with food, be sure to **avoid antacids, milk and dairy products**. You may experience some mild stomach upset and loose stool at first (but this should improve over time). Taking pro-biotics (beneficial bacteria- acidophilus) in the form of a capsule or in yogurt is helpful.

**Adverse reactions** can occur. Any medication can cause any type of side effect – so call if you experience any unusual symptoms. **Stop the medication and notify the Doctor** if you have any of the following:

**Persistent headache:** (Rarely minocin can cause **Pseudotumor Cerebri** which manifests as **severe headaches** or vision change)

**Blurred vision** or vision change

**Allergic reactions** such as widespread **rash or hives** (whelps)

**Blue-Grey discoloration** of the skin or gums

**Dizziness**, nausea, vomiting

Yeast infections (mouth or vaginal)

**Abdominal pain**, Nausea, decreased appetite

Diarrhea (chronic), bleeding in your stool

Signs of **infection: fever**, chills, sore throat

Unusual bleeding or bruising

**Joint pain** or swelling

Persistent fatigue/tiredness

### Special issues:

\*Be careful in the sun or in tanning beds as it can induce **photosensitivity**.

\*You should **not take minocin if you are pregnant, nursing** or have a history of allergy to tetracycline antibiotics.

\* Minocin may (theoretically) decrease the effectiveness of the birth control pill to a small degree.

\* You should not take minocin when you are on other antibiotics.

**NOTE: This is not a comprehensive information sheet. If you desire complete drug information, contact the pharmacist or refer to the “package insert”.**